

Contact: Natalie Mitchell 904-707-5337 Elexia Moss 904-268-8287

FOR IMMEDIATE RELEASE

Girls Program Salutes Graduating Scholars At 2nd Annual Youth Scholarship Banquet and Silent Auction

JACKSONVILLE, Fla.—April 14, 2006—Girl leadership program, Journey Into Womanhood, prepares for its 2nd Annual Journey Into Womanhood Scholarship and Silent Auction, Saturday, April 22, 1 p.m. at Deercreek Country Club.

Journey Into Womanhood, a component of umbrella non-profit organization, Empowerment Resources, Inc., will award five scholarships to graduating seniors--Faridah Abdullah, Iva Ballou, Erica Mitchell, Amanda Phillips, and Nikki Young. Aside from academic honors, the girls will showcase their talents in the performing arts arena during the silent auction and reception prior to banquet. Proceeds will fund academic and recreational programming for Journey Into Womanhood.

The instrumental program has excelled at preparing teenage girls during the most challenging times of adolescence through etiquette, money management, abstinence and more.

"The program is a benefit to the participants because they learn how to develop their leadership skills and general skills that will provide the tools that are needed for their transition into womanhood," said Elexia Moss, Empowerment Resources Inc., executive director and founder.

The banquet features a generational address of personal journeys into womanhood from two keynote speakers--Carol Alexander, Executive Director of the Ritz Theatre and LaVilla Museum and Whitney Murray, a Florida A & M University Student Government Representative. Radio personality, Chinue will emcee the afternoon.

JIW's graduating seniors have plans to attend Florida International University, University of North Florida, University of Florida, Florida State University and Howard University.

Tickets are \$40 for adults/\$25 for children. A few tickets will be sold at the door. For more information, call 707-5337 or 904-813-8737.

About Journey Into Womanhood

Journey Into Womanhood promotes leadership development in teen girls ages 12-17. This program was launched June of 2003, and to date has serviced over 60 girls. This program addresses the issues that plague girls and their development into womanhood. The sessions include workshops, field trips and community service projects. Topics for the workshops include character development, educational enrichment, etiquette, money management, abstinence, and a parent support group. Some workshops are co-facilitated with community agencies and businesses.

About Empowerment Resources, Inc.

Empowerment Resources Inc. was established in 2002. Empowerment Resources, Inc. is a 501(c)(3) non-profit organization that seeks to nurture and foster the development of leadership and a positive self-concept. Our mission is to empower youth to become successful leaders in the community. Empowerment Resources Inc. currently offers three programs, Journey Into Womanhood and Math Power & Reading Power!

Teen Sisterhood Summit April 28-29

On Friday April 28- Saturday April 29, Empowerment Resources and the Johnson YMCA will host the teen sisterhood summit. This summit is for teens girls 11-18 and will cover workshops on topics such as Self-Esteem, Peer Pressure, Anger Management, Abstinence, Drug Awareness and the importance of Education. The cost is \$25 and includes T-shirt, goodie bags and food and snacks. Activities include workshops, panel discussion, fitness segments and a sleepover. For more info call Empowerment Resources at 268-8287. Applications must be in by April 27.