

Empowerment Resources, Inc.
presents
the 6th Annual
Journey Into Womanhood
Celebration and Scholarship Banquet



Our
cultivation:
a journey of culture, sophistication and education.

Saturday, June 12, 2010
1 p.m. to 4 p.m.
Jacksonville Marriott
4670 Salisbury Road



culture

sophistication

education

LETTER FROM MAYOR JOHN PEYTON



On behalf of the great citizens of Jacksonville, it is my pleasure to welcome you to the **6th Annual Journey Into Womanhood Banquet**. I commend the many individuals whose hard work made this afternoon's event possible. I applaud *Empowerment Resources Inc.* and its *Journey Into Womanhood* program for its efforts to enrich the lives of female adolescents, and congratulate you on reaching your 6th year.

The voyage into adulthood can be challenging, and I am pleased that this program seeks to empower young people to become successful leaders in the community.

Warmest Regards,

A handwritten signature in cursive script that reads "John Peyton".

John Peyton

LETTER FROM THE EXECUTIVE DIRECTOR



Thank you for supporting the 6th Annual Journey Into Womanhood (JIW) Celebration and Scholarship Banquet. We are here to celebrate and showcase the cultivation and growth of the young ladies participating in this program and to congratulate our recent high school graduates, as they begin their college journey. I am delighted to share that these five graduates have been a part of JIW for four or more years.

This has truly been a year of remarkable growth for both the young ladies of JIW and Empowerment Resources, Inc. First, a strategic plan was developed to provide the road map for the organization and its signature programs. Then, we focused on enhancing Empowerment Resources' identity by undergoing a rebranding process. In March, we proudly revealed our new brand identity to the community.

All of this hard work has been performed by dedicated volunteers who keep the organization operating. We rely on donations, fundraisers, grants, in-kind donations and a nominal application fee to operate JIW. Thank you to the numerous individuals and organizations that support us financially, with in-kind support, or by facilitating JIW workshops. You'll see the names of these supporters throughout this program book.

This year we have enjoyed countless success stories and a few are listed on page four of this program. I, along with JIW mentors and volunteers, see firsthand the growth and leadership potential in these young ladies. With some many negative youth oriented stories in the media, it's wonderful to see and hear about youth in our community who are on the right track, preparing to lead the next generation of leaders and voters. Please praise participants and other youth in the community for engaging in positive activities.

And finally, thank you to JIW participants, parents and mentors who unselfishly give their time and talent to take part in this program. They have embraced our mission to make children and families stronger.

Enjoy today's program, and we hope to see you again, next year!

A handwritten signature in cursive script that reads "Eliza Coleman-Hess".

OUR HISTORY

Empowerment Resources Inc. (ERI) is a private 501 (c)(3) nonprofit organization, established in 2002. Our mission is to make children and their families stronger and empower them to become successful leaders in the community today, for a better tomorrow. We rely on volunteers to run the organization. Our signature programs include Journey Into Womanhood, Life-Skills Workshops for male and female teens and Parenting Education Seminars and Coaching.

Journey Into Womanhood (JIW) began in 2003. This 25-week rites of passage program for girls ages 9-17 focuses on their healthy transition from girl to young woman. It addresses the real issues youth are faced with today. A unique and inspiring program, JIW is facilitated by experienced leaders and volunteers who help the participants cultivate their self-awareness, develop leadership skills and put them on the path to positively impact the communities in which they live. Participants engage in journal writing, community service projects and field trips. Also, they will gain an understanding of the twelve vital aspects of life:



The Value of SELF:

Understanding the need to love thyself

Drug and Alcohol:

Prevention the effects of drug and alcohol abuse

Concepts of Beauty:

How to care for self, what is beauty, personal hygiene

"A" is for Academics:

Learning proper study habits, college preparation and public speaking

Health & Fitness:

Learning the importance of exercise and maintaining a healthy lifestyle

Relationships/Social Skills:

Respecting elders, understanding friendships, and developing social skills

Our Society Social Constructs:

Understanding racism and prejudice, respect for other cultures

Food & Nutrition:

Learning healthy ways of eating and how to select nutritious foods

Employment and Career Skills:

Preparing a resume, how get the career you want

Community Building:

Hands-on learning of the importance of giving back by volunteering

Abstinence/STD Prevention:

Learning the pros of waiting, how to avoid risky behavior

Investments and Savings:

Understanding the difference and importance between the two

2009-2010 LEADERSHIP

ERI BOARD OF DIRECTORS

Kevin Waters, *President*
Daphne Colbert
Oare' Henry, Ed.D
Chealsea Howze
Samanthia Paris, MSW
Ex-officio
Tasmia Henry, M.D.

ERI ADVISORY COMMITTEE

Sylvia Burgess
Susan Burroughs, MHA
Toni Chadwell
Christy Jackson
Michelle Simkulet
Chantel Waters
Traci Irvn, *Parent Representative*
Kaylah Norris, *JIW Representative*

4-H OFFICERS

Jessica Polote, *President*
Kaylah Norris, *Vice President*
Monique Young, *Secretary*
Jasmine Flournoy, *Treasurer*



YEAR IN REVIEW

Highlights from the 2009-2010 Program Year

JIW participants attended a Jacksonville Jaguar Football game in November by completing several tasks including; a workshop on food and nutrition from 4-H EFNEP, pledging to remain free from tobacco, drugs and alcohol use, goal setting and community service, as part of the Jacksonville Jaguar Foundation Honor Rows Program.

Sophomore, Ashley Irven, earned a place in the UNF/Jaguar Foundation Honor Rows Mentoring program. JIW alumna, Sanitra Livingston, participated in the UNF/Jaguar Foundation Honor Rows Mentoring Program with a scholarship to UNF.

JIW participants took part in its annual group community service project, the "Mayor's Holiday Festival". They assisted with other volunteers from the city with meal preparation and serving to over 1,000 senior citizens. All JIW participants are required and encouraged to give back to the community through volunteerism.

JIW participants were introduced to STEM - Science, Technology, Engineering and Math in December during a Tri-IT STEM Day at Florida State College at Jacksonville. Interactive sessions were conducted by women and men whose backgrounds or careers are in the STEM arena. Participants took part in a hands-on demonstration by Hewlett Packard and Cisco, a female scientist from Mayo Clinic, a female director of CSX Technology, female Engineers from Medtronic, Kraft and CH2M HILL, and a female Mathematician.

Parents and JIW participants had the opportunity to attend a health and nutrition workshop followed by a workout session in Zumba, a Latin fused workout, from Zumbajear. Parents are encouraged to attend at least one parent/youth workshop.

In April, JIW participants travelled to Tampa to visit college campuses of the University of South Florida and the University of Tampa. Students of The National Society of Leadership and Success at the University of Tampa Tri-IT presented a lecture to JIW participants that emphasized the skills necessary to be a good leader.

Since 2002, Empowerment Resources, Inc., a private 501(c)(3) nonprofit organization, has empowered more than 500 youth and adults in Duval and surrounding counties through its signature programs. Our programs help meet the needs of the community by exposing families to valuable community resources.

This year is dedicated in memory of
Tamika S. Stewart and *Soloman Stanford*,
two angels who continue to watch over us.

*Hope is like the sun, which as we journey toward it, cast the
shadow of our burden behind us. -Samuel Smilies*



EACH ONE TEACH ONE: CHILDHOOD OBESITY

In the fall of 2009, the Journey Into Womanhood (JIW) program was awarded a grant by the Blue Foundation for Healthy Florida, for a project related to the Duval County Health Department's Healthy Jacksonville program to reduce childhood obesity. The JIW's childhood obesity project was a peer nutrition education program called *Each One Teach One*.

Our project collaborated with the University of Florida/IFAS-Duval County Extension Service to provide nutrition and physical activity education to peer educators from the JIW program. JIW youth had to apply for a position which included a statement as to why they wanted to participate in the project. Once selected, they participated in this comprehensive nutrition and fitness education train-the-trainer education series. These trained youth became peer nutrition educators and conducted two outreach community health fairs where they provided nutrition and fitness education to over 200 youth and families from Duval county. The following JIW participants applied and were selected for the position and received a \$75 stipend at the end of the project:

Jocelyn Benford
Tia Clark
Niyah Fisher
Mia Flowers
Bridarra Lovette
Kaylah Norris

Kiana Moore
Kayla Orr
Jessica Polote
Nyla Stanford
Arden Ward

Our Wish List...

In order for us to serve the community, support from the private sector and other organizations is critical. Current needs include:

- Equipment (Mac Laptop, Program Software, Overhead Projector)
- School Supplies, Books, Arts and Craft Supplies
- Flip Video Camcorder
- Stamps
- Journals, Pens, Day-Planners
- Gift Cards (to provide lunch/snacks and for incentives)
- Laser Jet Ink Cartridges (Lexmark Color 41 and Black 42)
- Mentors or Volunteer Speakers
- Monetary Scholarships for Youth
- Corporate Sponsorship
- Office Space

Why Donate?

Fulfilling our mission relies on the generosity of community businesses, organizations, individuals and private donors. Your donation will further enhance the quality of service we provide to youth and families. All donations, no matter the size are greatly appreciated. Donations are tax-deductible and can be made online at www.empowermentresourcesinc.org. For more information call (904) 268-8287.



PROGRAM OF EVENTS

ANGELA SPEARS, Mistress of Ceremonies
Welcome

ENTRANCE of Young Ladies and Their Escorts

ALEXIS MCCOY
Blessing

~
LUNCH is Served

~
MIA FLOWERS
Speaker Introduction

DR. EBONI BAUGH
Speaker

~
TIA CLARK
Speaker Introduction

WILLIAM 'CJ' CHARLTON
Speaker

~
TALENT Showcase

~
ELEXIA COLEMAN-MOSS, Founder and Executive Director
Awards Presentation

ELEXIA COLEMAN-MOSS
Closing Remarks

SPECIAL THANKS TO OUR SPONSORS

PLATINUM

JACKSONVILLE FRATERNAL ORDER
OF POLICE FOUNDATION
ALLIED VETERANS OF THE WORLD & AFFILIATE

GOLD

MCGOWAN SPINAL REHABILITATION CENTER
D. MOR INC. /MCDONALD'S

TABLE

ELEVEN JULY
JACKSONVILLE BLUEWAVES

FRIENDS

PATRICIA HANNAN
MINNIE COLEMAN
AJANI DUNN AND VERLINE JUSTILIEN

MATT THOMPSON

RAFFLE

VAL BROWN
CITY KIDZ ICE CREAM CAFÉ
CONSTANCE FAULK
MIMIS CAFÉ
ZUMBAJEAR FITNESS STUDIO



MISTRESS OF CEREMONIES & SPEAKERS

Angela Spears is the Public Information Officer for the Nassau County Sheriff's Office. She is enjoying a change in careers. Angela spent the last 11 years as an Anchor/Reporter for First Coast News NBC 12/ABC 25. She grew up in Corpus Christi, Texas and graduated from The University of Texas at Austin. She is a very proud Texan and Longhorn!



She is passionate about many issues, including organ donation awareness. "Being an organ donor saves lives. I'm a witness. I was able to donate a kidney to my father which has enhanced his life. It was the best thing I've ever done!"

Angela also enjoys giving back to her community as she volunteers her time with various organizations and enjoys working with young people. She believes they are our future! Angela sits on the Board of Directors for the St. Andrew's Lighthouse, a hospitality house for transplant and cancer patients and their families and is a member of Sigma Gamma Rho Sorority, Inc.

Eboni Baugh, Ph.D is an Assistant Professor of Family Life in the Department of Family, Youth and Community Sciences at the University of Florida. She teaches courses on parenting and family development, family problems, and social science research methods. In addition to teaching, Dr. Baugh maintains active extension and research programs on family relationships, grandparents raising grandchildren, and body image. She has training as a marriage and family therapist and is a certified family life educator. Also, Dr. Baugh was named the 2008-2009 Undergraduate Teacher of the Year and is a member of the Academy of Teaching Excellence. She also works with organizations such as Big Brothers/Big Sisters of Mid-Florida, the United Way, and is a proud member of Alpha Kappa Alpha Sorority, Inc.



Originally from Hampton, Virginia, **William CJ Charlton's** family lived overseas for most of his first 17 years of life. Though his father was in the Air Force, he primarily served in the Defense Attaché Office for the U.S. State Department. This afforded CJ's family the opportunity to live in many foreign countries and travel the world experiencing different cultures.



He graduated from Delaware State University with a degree in Airway Science. He was recruited by the North Carolina Air National Guard to be a C-130 pilot and became their first African American without prior military experience they sponsored to attend Undergraduate Pilot Training for the Air Force. CJ has accumulated over 2,500 hours of flight time, with over 1,000 of them occurring in combat conditions. He serves as a C-130 Aircraft Commander in the 156th Airlift Squadron in Charlotte, North Carolina. In addition to his role as Aircraft Commander, CJ is a First Officer in the Boeing 757/767 fleet for Continental Airlines.

During his entire post collegiate life, CJ has been an active member of the Organization of Black Aerospace Professionals. He is the National Director of the OBAP Aviation Career Education (ACE) Academies as well as Director of the Jacksonville ACE Academy. CJ is commonly recognized as an individual that many members having little to no flying experience seek for counseling on how best to develop an aviation career.

CJ plays an active role in various communities. He is a member of the Aviation Advisory Board for the College of Business, at Jacksonville University, serves as a Black Executive Exchange Program (BEEP) mentor and is a life member of Delaware State University Alumni Association. CJ is also a proud member of Kappa Alpha Psi Fraternity, Inc.



OUR GIRLS...



JOCELYN BENFORD
AGE: 16 GRADE: 10TH

School: New Beginning Christian Academy
Interests: Dancing, singing, performing, working with children.
Motto: Go hard for God and put him first.
Goals in life/School: Graduate, attend university, and open a childcare learning and dance center.
Escort: Joshua Benford



GABRIELE BROWN
AGE: 12 GRADE: 6TH

School: Fort Caroline Middle School
Interests: Gymnastics and forensic science.
Motto: I may get frustrated but I keep trying.
Goals in life/School: Attend college to study forensic science. Looking forward to continuing on a gymnastic team after I graduate.
Escort: Devon Mike



JANAE BYRD
AGE: 13 GRADE: 8TH

School: Darnell-Cookman Middle/High School of the Medical Arts
Interests: Sports and fashion.
Motto: Live, love, laugh.
Goals in life/School: Attend college at FAMU or FSU, majoring business.
Escort: Lamar Byrd



TIA CLARK
AGE: 14 GRADE: 9TH

School: Paxon School for Advanced Studies
Interests: Softball, drawing, social networking, music, and friends.
Motto: I can do all things through Christ who strengthens me.
Goals in life/School: Attend college and major in graphic design.
Escort: Wayne R. Clark, Sr.



DERYN DABNEY
AGE: 14 GRADE: 8TH

School: Father's Harbor Academy
Interests: Duval Youth Voice Council, singing, ballet and writing.
Motto: I'm not what you think of me, but what I think of myself.
Goals in life/School: To attend Spellman, majoring in journalism and start a writing camp.
Escort: Jeremy Brown

OUR GIRLS...



NIYAH FISHER

AGE: 13 GRADE: 7TH

School: James Weldon Johnson College Preparatory Middle School

Interests: Fashion, designing, science and track.

Motto: I can do all things through Christ who strengthens me.

Goals in life/school: Achieve a full scholarship for college and study designing.

Escort : Sean Fisher



MIA FLOWERS

AGE: 14 GRADE: 9TH

School: Paxon School for Advanced Studies

Interests: Texting, music, math, friends.

Motto: I can do all things through Christ who strengthens me.

Goals in life/school: Attend university, major: psychology and get a PhD.

Escort: Marvin Flowers



ALYSSA ANNETT HAMILTON

AGE: 12 GRADE: 6TH

School: Quest Elementatry School

Interests: Basketball, reading, playing outside with friends.

Motto: Keep moving forward!

Goals in life/school: Graduate high school, attend Julliard for culinary school and become a chef.

Escort: Charles Hamilton Jr.



ASHLEY IRVEN

AGE: 16 GRADE: 10TH

School: The Bolles School

Interests: Writing (Stories & Poetry); Reading (Fantasy & Horror).

Motto: *The future belongs to those who believe in the beauty of their dreams - Eleanor Roosevelt*

Goals in life/School: Attend college, majoring in creative writing.

Escort: Jakey Moss



SIERRA JONES

AGE: 15 GRADE: 10TH

School: Mandarin High School

Interests: Track, shopping, fashion.

Motto: No regrets, just lessons learned.

Goals in life/School: Attend FAMU, study to be criminal psychologist or criminal investigator and be successful.

Escort: Kamren Stowers

OUR GIRLS...



BRIDARRA LOVETT

AGE: 14 GRADE: 8TH

School: Oceanway Middle School

Interests: Spanish, socializing, JIW and shopping.

Motto: Life is too short to focus and obsess on mistakes of the past.

Goals in life/School: Attend Paxon, then Duke University and become a cardiologist.

Escort: Carlton Williams



BRIANNA MAJOR

AGE: 14 GRADE: 9TH

School: Andrew Jackson High School

Interest: Dancing, collecting quotes, writing, poetry, walking backwards.

Motto: If you keep doing what you've been doing, you'll keep getting what you've been getting.

Goals in life/School: Attend USF or FSU and become an OB/GYN.

Escort: Michael Braxton



ALEXIS MCCOY

AGE: 14 GRADE: 8TH

School: LaVilla School of the Arts

Interest: Creative writing and music.

Motto: *In order to succeed, your desire for success should be greater than your fear of failure.* - Bill Cosby

Goals in life/School: Attend University of Tampa, Major: Forensic Science.

Escort: John Kevin McCoy III



DEJAH MOBLEY

AGE: 9 GRADE: 4TH

School: Hendricks Avenue Elementary School

Interest: Dancing, modeling, fashion, computers, friends and family.

Motto: I have the ability to accomplish anything I set my mind to.

Goals in life/School: Become a teacher of math, science & social studies.

Escort: Kirk Coupain Sr.



KIANA NICOLE MOORE

AGE: 14 GRADE: 8TH

School: Oceanway Middle School

Interests: Designing, writing, cooking, singing and dancing.

Motto: Forget Yesterday...Live Today...Dream Tomorrow.

Goals in life/School: To become a veterinarian.

Escort: Dwayne Moore

OUR GIRLS...



KAYLAH NORRIS

AGE: 16 GRADE: 11TH

School: Paxon School for Advanced Studies

Interests: ROTC, music and singing.

Motto: Do what you have to do, so you can do what you want to do.

Goals in life/School: Military, followed by the University of South Florida.

Escort: Steve Williams



KAYLA ORR

AGE: 13 GRADE: 7TH

School: Paxon Middle School

Interests: Dance, singing and conversations with intelligent people.

Motto: Always be yourself, never change for anyone else.

Goals in life/School: Attend an ivy league school and pursue a medical degree with a specialty in pediatrics.

Unable to attend



CHRISTINE PITTMAN

AGE: 15 GRADE: 9TH

School: Samuel W. Wolfson High School

Interests: Volleyball, music, volunteering and friends.

Motto: If you don't love what you do, you won't do it with much conviction or passion.

Goals in life/School: Attend college, play volleyball and study pre-law.

Escort: Kamren Stowers



NYLA STANFORD

AGE: 12 GRADE: 7TH

School: Paxon Middle School

Interests: Singing, writing, reading and dancing.

Motto: Life is what you make it.

Goals in life/School: Attend Yale and become an entertainment lawyer.

Escort: Joe Robinson



ARDEN WARD

AGE: 11 GRADE: 6TH

School: LaVilla School of the Arts

Interests: Writing plays, acting, dancing and competitive swimming.

Motto: I can do all things through Christ which strengtheneth me.

Goals in life/School: Attend Juilliard to study drama as well as study law.

Escort: Marcus Williams

OUR GIRLS...



DELEISIA WILLIAMS

AGE: 15 GRADE: 9TH

School: Jean Ribault High School

Interests: Texting, writing, poetry, spending time with my family.

Motto: Never give up!

Goals in life/School: Graduate from the AVID program at Ribault and attend college to study psychology.

Escort: Desi Dunlop



MONE'T YARBROUGH

AGE: 17 GRADE: 11TH

School: Samuel W. Wolfson High School

Interests: Track, shopping, fashion.

Motto: I can do all things through Christ who strengthens me.

Goals in life/School: To attend college and start my own business.

Escort: Kamren Stowers

OUR SENIORS...

CHARLA DENISE HAMILTON

AGE: 17 GRADE: 12TH

Escort: Brandon Ross



School: Viera High School

Colleges accepted to or Colleges applied to: Graduated with honors, taking courses at Brevard Community College with plans to transfer to the University of North Florida or University of Florida in Fall 2011 as a junior.

Scholarships awarded or offered: Brevard Schools Foundation \$500 Scholarship and Bright Futures Scholarship.

Activities and Honors: Viera High School swim team-highest GPA award, National Honor Society, Suntree YMCA volunteer (30 hrs completed), tutoring and babysitting business, and student government.

Interests: Swimming, volunteering, mentoring and friends.

Motto: Jeremiah 29:11 says, "For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you hope and a future."

Goals and plans after High School/ Career Path: After I graduate I will continue taking courses at Brevard Community College to complete my remaining year for an Associate of Arts degree and the nursing prerequisites. I intend to transfer to UNF or another Florida university in Fall 2011 as a strong candidate for the nursing program.

My most enjoyable JIW experience was the recent Tampa college tour. I enjoyed getting a thorough tour of the University of South Florida and the University of Tampa. Most of all, I had a lot of fun and a great time!

OUR SENIORS...



JASMINE FLOURNOY

AGE: 18 GRADE: 12TH
Escort: Brandon Bryant

School: First Coast High School

Colleges accepted to or Colleges applied to:
Florida A & M University

Scholarships awarded or offered: Bright Futures and FAMU Scholarship.

Activities and Honors: Flag Football and A-B Honor Roll.

Interests: Music, Art and Fashion.

Motto: Say what you say, do what you do, feel what you feel, just as long as it's real.

Goals and plans after high school/career path: Attend college for business and become an entrepreneur.

My most enjoyable JIW experience was the college tours and our lock-in.



JESSICA O'NEAL POLOTE

AGE: 17 GRADE: 12TH
Escort: Michael D. Brown

School: Paxon School for Advanced Studies

Colleges accepted to or Colleges applied to: Clark Atlanta University; FAMU; Valencia Community College; South Carolina State

Scholarships awarded or offered: Beta Alpha Zeta, The Duval House New Beginning Scholarship, Universal Teen Scholarship, Delta Sigma Theta, Women of Color Cultural Foundation, UNF Honor Rows.

Activities and Honors: 4-H, NAACP, UNF Honor Rows, Flag Line, Pride of Paxon (Treasurer), Breast Cancer Club, Poetic Justice Club, Library Assistant, A/B Honor Roll.

Interests: Volunteering, acting out theatrical scenes and painting.

Motto: *Life is a journey not a destination, there are no mistakes just chances we've taken; lay down your regrets cause all we have is now.* - India.Arie

Goals and plans after high school/career path: I plan to attend Valencia Community College in Orlando and obtain my Associates Degree. I will then transfer to the University of Central Florida to major in Speech Pathology.

My most enjoyable JIW experience is my entire transition from a bud to a bouquet and the bond I have made with these lovely ladies.

OUR SENIORS...



KAILA JA'NAE WHITE

AGE: 18 GRADE: 12TH
Escort: Christopher Taylor

School: Douglas Anderson School of the Arts

Colleges accepted to or Colleges applied to: Offered admissions to FSU, UCF, UNF, and Howard University. Plan to attend University of Central Florida.

Scholarships awarded or offered: Receiving 75% Bright Futures towards UCF and The Pegasus Bronze scholarship from UCF. I was also offered an \$8,000 scholarship from FAMU.

Activities and Honors: NHS, Tri-M Music Honor Society, YDP, Bravo Award, UNF Academic Achievement Award, Gamma Beta Academic Achievement.

Interests: Listening and playing music, dance, traveling and spending time with friends and family.

Motto: *We are what we repeatedly do. Excellence, then, is not an act but a habit.*

Goals and plans after High School/ Career Path: I plan to attend the University of Central Florida studying to be a physician's assistant with a minor in finance. After working in my field, I also plan to open a performing arts studio, where children of all ages can learn and perfect different arts' areas.

My most enjoyable JIW experience was the JIW trip to Atlanta where we went to different exhibits and toured. We were learning and still having fun.



MONIQUE YOUNG

AGE: 18 GRADE: 12TH
Escort: Watt H. Young, Jr.

School: First Coast High School

Colleges accepted to or Colleges applied to:
Florida State Community College of Jacksonville (FSCJ)

Activities and Honors: Track and field (sophomore and junior year), school chorus, Student Council, Ladies First Club.

Interests: Singing, spending time with family and friends, shopping, reading and JIW.

Motto: I can do all things through Christ who strengthens me.

Goals and plans after High School/ Career Path: Attend FSCJ, then transfer to a Florida university after two consecutive years.

My most enjoyable JIW experience was the first college tour. It was very insightful and exciting being exposed to college life, and spending time with my JIW sisters.

JACKSONVILLE JAGUAR HONOR ROWS PROGRAM

In the Fall of 2009, girls from the JIW program had the opportunity to participate in the Jacksonville Jaguar Honor Rows Program. This unique, nationally recognized program uses seats at Jaguar home games as an incentive to encourage children and youth to set and achieve ambitious, but realistic goals. The program consists of goal setting, academic achievement, and performing public service. Youth must be between the ages of 9 and 17 to earn a seat to the game, and do not have to be A-B honor roll students to participate.

The JIW Honor Rows Program includes workshops on food and nutrition from 4-H EFNEP; pledging to remain free from tobacco, drugs and alcohol; goal setting education, community service; and completion of a final project.

2009 Program Participants

Jocelyn Benford	Ashley Irven	Kayla Orr
Gabriele Brown	Bridarra Lovett	Christine Pittman
Tia Clark	Brianna Major	Jessica Polote
Deryn Dabney	Alexis McCoy	Arden Ward
Niyah Fisher	Dejah Mobley	Deleisia Williams
Mia Flowers	Kiana Moore	Mone't Yarbrough
	Kaylah Norris	

An optional oral report competition was implemented in which participants made a presentation before a panel of peers and judges.

Our winners are:

\$100 savings bond - Gabriele Brown, Ashley Irven

\$25 savings bond: Tia Clark, Jessica Polote, Arden Ward

4-H TALENT COMPETITION

The *Journey Into Womanhood* program is also an official 4-H club. 4-H encourages leadership, citizenship and life skills for youth to reach their full potential. The 4-H's stand for Head, Heart, Hands and Health. Each year they hold a talent showcase called *County Events Day*. This year the competitive opportunity for 4-H members took place on March 29, 2010. There are several categories including speeches, demonstrations, illustrated talks, talent performances or fashion modeling that are presented before a panel of judges. The following JIW's placed in the competition:

Name	Talent	Ribbon
Jocelyn Benford	Dance	1st
Tia Clark	Poster Presentation	2nd
Kaylah Norris	Song	2nd
Arden Ward	Skit	1st

OUR SUPPORTERS...



Kaila,

Congratulations!
We are so proud
of the young lady
you are.


May God continue to
bless you always.

Love,
Vanessa, Deon
and Cedric Davis

Tia,

The Greater Jacksonville Chapter of
the National Organization of Black Law
Enforcement Executives (N.O.B.L.E.)
supports J.I.W. in building character
in our future women leaders.


Wayne R. Clark
Chief - Patrol Division West
Office of the Sheriff, Jacksonville, FL



Arden,

You are making it through the hard
teenage years to become a young
woman. Keep up the good work.
I love you and am proud of you,

Aunt Verdelle
Gainesville, FL



Kaila

Congratulations to our daughter,
Kaila White, as you celebrate 7 years
with JIW and as you embark on your
journey into womanhood. JIW has
helped prepare you for the journey.
We love you and are
so very proud of you!

With all our love,
Mom and Dad



Gabriele,

We love You
Sissy!

Lil' Elijah & Kamrynne,
brother & sister



Jessica,

Congratulations!

Love,

Charletta
JCB Hair
& Nail Studio
5436 Soutel Dr.
Jacksonville, FL
904-768-5566



Congratulations to
Arden!

Valerie Dixon, Tailor
2329 W. 16th Street
Jacksonville, FL 32209
Hm: 353-7164
Cell: 403-6644

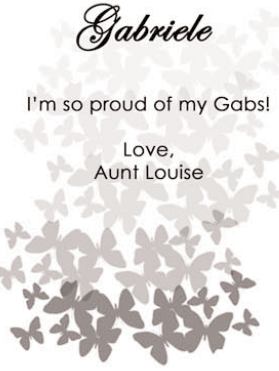
●Alterations ●Repairs ●Dressmaking



Gabriele

I'm so proud of my Gabs!


Love,
Aunt Louise



Jessica,

Wishing You the Very Best!

Amos Ace
Mobile Detailing
Amos Chapman, Owner
904-537-2756



Congrats

to ALL
JIW Participants

Jake with BBVA Compass Bank
Deerwood Branch
904-546-8340




Deleisia,

We are proud
of you. You are
becoming a
beautiful young
lady. Keep working toward
your dreams.


Love,

Mom, Daddy "D",
Desmond & Big Mama

Alexis,

Best Wishes and
Much success to
Alexis McCoy. Good Luck
as you continue your Journey.

God Bless You,
Mr. & Mrs. Marvin Kirkland




Kaila

To my baby sister Kaila,
Thank you for being my hero!
As a toddler, because you
imitated my actions, you kept me
from making bad choices. I tried to
set a good example of what a young
lady should be but you have far
exceeded any example possible.
We are so proud to have you as our kki!

Love Always,
Big Sis Shawwna, Emory & Taylor




Alexis Ciara Mc Coy

Your Journey Into
Womanhood
will be the best...
with support of your Father
and others close to you,

"Alexis will become a success!"

Love,
Dad



Arden,

Good Luck
& Best Wishes!

Love,
Aunt Dot



Gabby

Congrats to everyone
in the JIW program and
good luck in the future.

Lorenzo B. New, III
U.S. Dept.
of State




OUR SUPPORTERS...

Alexis,

I am so proud of your accomplishments. May God Bless You.

Mary Murray



Jessica,

Congratulations on ALL of your accomplishments!

We are so proud of the young woman you have become!
Love Always,
Mother Mary & Auntie Jen



Arden,

Congratulations and Best Wishes!

As you continue your Journey Into

Womanhood, remember things taught and learned, they will mold you into a productive and successful woman.

Love,
Grandma and Grandpa

Alexis,

To my beautiful niece, Alexis McCoy. Best wishes and much success in all that you strive for. I am so proud of the wonderful young lady you are!! May God continue to Bless You.
Love, your Aunt,
Taimiko M. Green



Gabriele,

I love you and I am very proud of you.

Love,

Papa



Arden

Best Wishes to Arden, a special young lady, on her JOURNEY.

Love,
Aunt Awanda



Gabriele,

We love you and we're very proud of all the J.I.W. ladies!!

Elijah & Crystal LaBordeaux



Jessica,

Congrats Jessie,

We ♥ You!

K.J. Orsborn, DDS
Orsborn
Orthodontics
3890 Dunn Ave.
Jacksonville, FL
904.745.4555



Alexis,

I wish you the very best during your Journey into Womanhood.

Please know that my love is with you always.

Love,
Grandma Joyce

Arden,

Good Luck & Best Wishes!

Enjoy your Journey!

Love,
Auntie Edna Corey



Alexis,

Congratulations on your success. I hope you continue to make good progress.
Love,
Dorothy from New Beginnings



Gabby,

Congratulations to YOU and all the ladies of J.I.W.

Tamara LaBordeaux, Aunt



Congratulations
Arden Ward!

One's Journey down the right path leads to roads of many wonderful opportunities in life.

Love,
Mommy



Alexis,

Continuous effort - not strength or intelligence - is the key to unlocking our potential.
- Winston Churchill

Lisa & Tim Rutledge



Alexis,

Congratulations on your accomplishment with Journey into Womanhood. I am proud of you. Keep your head up and follow your visions and dreams in life.
Love,

Willie Moore III, & Pam Moore



Way to go
Jessica!

The S.P. Livingston Coaches:
Ashley Antzaklis,
Vickie Kaleel,
and Susan Ruffett



OUR SUPPORTERS...




Alexis,
Congratulations on your success. I believed in you from the beginning. You have now shown the world the amazing gifts you hold. I am so proud of you.

Love Always,
Mama

Congratulations
Kaila White!

From the Keyboard Kids - students of
Cynthia Clark Blaylock



Gabriele,
I am so proud of you.

Love you lots!

Hugs & Kisses,
Grannie



Arden,
We are proud of you.

Mrs. Cecil Wright
Mrs. Selma Rutledge
Girl Scouts -
St. Stephen Cluster



Gabriele,
We're proud of you and we love you very much!!


Love,
Dad & Tiffanie



Jessica,
We are so very proud of you!

Love,
Mom & Mike


(Independent Avon Representative)
(904) 859-4167
jackieo123@bellsouth.net

Arden,
"Make success be your goal."

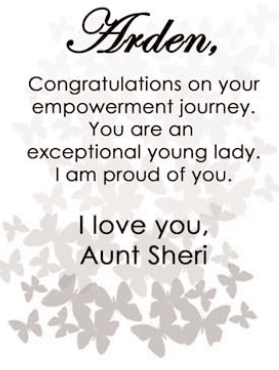
"For the Victory is already won."

Love,
Bergen
"BC"



Arden,
Congratulations on your empowerment journey. You are an exceptional young lady. I am proud of you.

I love you,
Aunt Sheri




Kaila,
Congratulations and much success; we are proud of you. May you continue to be richly blessed.

Harold and Marvette Andrews and Family
C&H Tire



Jessica,
Way to go, Frenn!
I am so proud of you!

Love you,
Shannah





Kaila
Congratulations to my niece Kaila White!

Love,
Auntie Aileen Gibbs

Gabriele,
We love YOU Big Sister!!!

Demerion,
Lil' Khari
& Braston



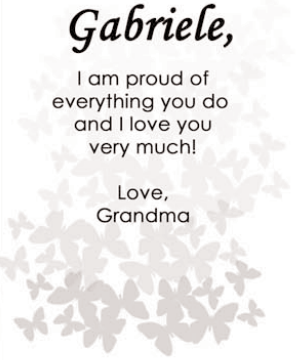

Kaila,
Congratulations to Kaila White!

From the Reaves Family and Genesis Landscaping Residential and Commercial
Eugene Reaves, Owner
703 7245



Gabriele,
I am proud of everything you do and I love you very much!

Love,
Grandma



Arden,
Congratulations as you continue your Journey.

Richard Stubbs Agency
Columbian Insurance Company
Office: (904) 726-5314
Cell: (904) 704-5325



Alexis,
Congrats on your success and continue to excel in all you do.

From the Mbakwe Family




OUR SUPPORTERS...



Congratulations Kaila White!

With much love.
We are so very proud of you.
May God continue to bless
you as you climb the
ladder of success.
Auntie Cheryl, Uncle Jeff
and family



OUR 2009-10 VOLUNTEERS & SUPPORTERS

*We would like to thank the following individuals and
companies for their ongoing support.
Without it, we could not be as successful.*



JIW Mentors and Volunteers:

Alissa Adkins
Angela Johnson
Carolyn Love
Cherrise Wilks
Chiquita Powell
Gail Patterson
Nikki Young, JIW alumna
Renee Simone
Sanitra Livingston, JIW alumna
Sylvia Burgess

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D. Mor Inc./McDonald's
ELYK Innovation (web)
Florida Theatre (tickets)
Terry Harris (decorations)
Jacksonville Children's Commission
(meeting room)
Teresa Edwards
JCCI (meeting space)
Jon Scherf
Benito's Italian Cafe-Pizzeria
Winn-Dixie

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Aieshan Nixon
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Diana Cruz
Dedra Lane
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Juanita Forman
Madeline Scales-Taylor
Michelle Rawls
Monique Brown
Nadia Jones
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Tracy Alladice
Twyla Ashman
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UT's National Society of Leadership
and Success
Verline Justilien
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Paula Shigley
Ritz Theatre and Lavilla Museum
Rivera Promotions
Sigma Gamma Rho Sorority, Inc.
Teen Court Youth Offender Program
The Florida Theatre
The Florida Times-Union
Tonya Smart
V101.5 FM and 93.3 FM
Willie and Annette Williams
Willie Mae Sheffield
Women of Color Cultural Foundation
Women of Power (April Moore)
YMCA (Yates and Brooks)
Val Brown

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Michelle Simkulet, *co-chair*
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Tonisia Billups
Janet Chamberlain
Jasmine Harris, JIW alumna
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