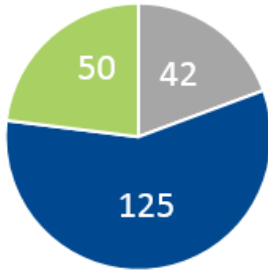




EMPOWERMENT RESOURCES INC.

Empowering Youth and Families to Succeed Since 2002

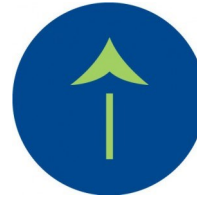
2014-2015 Empowerment Resources
Participant Breakdown



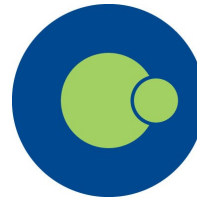
■ Journey Into Womanhood ■ Life Skills Workshops ■ Parenting Education

OUR MISSION is to make children and families stronger by empowering them to be successful leaders in the community.

OUR VISION is to create wholesome and self-sufficient families that are equipped with knowledge and skills to lead quality and productive lives.



ERI empowers youth to engage in positive behaviors that nurture their well-being and equips them with the necessary tools to make positive decisions through its *Life Skills Workshops*.



ERI offers *Parenting Education Seminars* to families, with the use of an evidence based program that supports families in raising children in a nurturing environment.



Journey Into Womanhood is a 25-week rites-of-passage program that helps girls ages 9-17 make the healthy transition from girls to young women.

POINTS OF PRIDE:

1,000 youth and adults served in the organization's 13 year history.

900 volunteer hours are donated annually across Empowerment Resources' core programs.

30 organizations partner with Empowerment Resources annually to provide subject matter expertise. Key partners include: 4-H, Girls Inc. of Jacksonville, Florida, Department of Health, Duval County Teen Court Program, First Coast YMCA, and Junior Achievement.



JOURNEY INTO WOMANHOOD PROGRAM

Helping girls make the healthy transition to become young women.

JOURNEY INTO WOMANHOOD (JIW)

The JIW program helps girls cultivate self-awareness, develop leadership skills, and nurture talents that positively impact their communities. Youth participate in journal writing, community service, and enrichment trips. Girls are also assigned female mentors who provide social, emotional, and academic support.

***As a result of participating in the program, JIW girls report a:**

- 25** percent decrease in substance abuse behavior
- 11** percent increase in exploring career opportunities
- 8** percent increase in knowledge of self-esteem**
- 3** percent increase in knowledge of abstinence “plus” and family planning***



“Being a part of JIW allowed me the opportunity to earn my undergraduate degree for FREE from the University of North Florida! Each semester I would get a reimbursement check from what was left over from all the scholarships and awards I received.”



~SANITRA FAIN, MSW
Journey Into Womanhood Alumna (2007)

JIW ALUMNA OUTCOMES

31



high school and JIW program graduates with **100** percent entering college

\$15,000



in scholarships awarded to JIW graduates from Empowerment Resources for college

75



percent of JIW graduates return to the organization in a volunteer capacity

*2013-2014 Data Reported | **Girls in grades 3-7th grade reporting | *** Girls in grades 8-12th grade reporting